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## CONCERNED ABOUT YOUR ALCOHOL AND/OR DRUG USE?

Otway Health & Community Services and Colac Area Health are partnering to bring Drug and Alcohol Support services to Apollo Bay. Maude Berry (Alcohol and Other Drugs Clinician) and Jodie Roberts (Rural Outreach Diversion Worker) from Colac Area Health are qualified support workers who can work with both adults and teenagers. You might like to talk to them about how to reduce the harms from your drug and/or alcohol use, or how to reduce or cease using drugs or alcohol. Many people in Apollo Bay and the surrounding district use alcohol or drugs to help them cope with their daily lives. Sometimes this use can become a problem in itself, or, sometimes people just want to move into a different phase of life with less reliance on drugs or alcohol. If this is you, or if you have any other support needs with regards to your drug and/or alcohol use, then please make an appointment to see Maude Berry (for adults) or Jodie Roberts (for teenagers) by ringing Reception. They will be in Apollo Bay on **Friday 9<sup>th</sup> December** for their first appointments, and will return regularly thereafter. Ongoing support is **FREE** and **CONFIDENTIAL**.

## OTWAY HEALTH & COMMUNITY SERVICES ANNUAL BOARD VACANCIES

The Board of Otway Health & Community Services has five vacancies.

The Board is responsible for the Governance, Risk Management and Strategic Directions of the Multi Purpose Service. Board members do not participate in the day-to-day management of the Service.

The vacant positions are voluntary and effective from 1 July 2012. The appointments will be made by the Governor in Council following a recommendation by the Minister for Health. The Board of Otway Health will submit names of applicants to the Minister for consideration.

If you are interested in contributing to the ongoing development and governance of Otway Health and would like to apply for an honorary appointment to the Board, please obtain an information package from the Executive Assistant, Kim Bazell. Either call Kim on (03) 5237 8500 or email her at: [otwayhealth@swarh.vic.gov.au](mailto:otwayhealth@swarh.vic.gov.au).

**Interested persons are encouraged to apply.  
Applications close 5pm Friday 16 December 2011**

You are welcome to contact **Peter Hagan, Board Chair / Board Selection Panel Chair**, to discuss the application process and any questions you may have regarding the role of a Board member on the Board of Otway Health.  
**[haganpj@bigpond.cnet.au](mailto:haganpj@bigpond.cnet.au), Ph: 5237 6479 / 0418 375 753**

## GRAB A COPY TODAY!

The Otway Health & Community Services Annual Report for 2010 - 2011 is now available from Reception at Otway Health. If you would like a copy please come by during business hours or phone 5237 8500 to have one posted or emailed to you. A great way to find out about all the wonderful work what we have been doing in the community.

## AGM HITS A HUGE HIGH!



These days, a quick scour of most newspaper headlines and one is pretty much guaranteed to see that most companies' Annual General Meetings are fraught with angry protesters and dissidence.

How refreshing therefore to witness Otway Health & Community Services' AGM on Thursday night which was alive with colour and song. The public were greeted with artwork supplied by the Forrest Neighbourhood House and entertained by local ukulele band 'The Ukuholics' which made this 17th Annual General Meeting 'one of the best AGMs ever'. The highlight of the evening was a cheque donated by volunteers of the Second Sails Opportunity Shop who raised a massive \$172,000 in the last financial year which will be fed back directly into the community.