



24th November 2011

OTWAY HEALTH & COMMUNITY SERVICES

Serving our communities in Apollo Bay, Beech Forest, Forrest, Glenaire, Hordern Vale, Kennett River, Lavers Hill, Separation Creek, Skenes Creek and Wye River

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~ AGM TONIGHT AT 7PM - ALL WELCOME ~

The Board of Otway Health & Community Services cordially invite you to the 17th Annual General Meeting tonight at 7pm Krambruk Room, Apollo Bay Hotel.

Open to the public, the Annual General Meeting is your opportunity to hear about what has been happening at Otway Health and Community Services, what the plans are for the coming year and to see our Annual Report.

SUMMER EMERGENCY PLAN

Otway Health and Community Services takes summer emergency management very seriously. We wish to advise the community that Otway Health and Community Services preparations to manage both bushfire and evacuation emergencies are well developed and understood. We are continually preparing our facility to weather the threats of such emergencies for the ongoing safety and security of our residents, staff, Child Care patrons and anyone else in our care.

We will continue to coordinate with other local emergency service providers and with the Colac Otway Shire, to ensure we understand each other's roles and work well together. Further to this, our Home and Community Care workers will also be delivering Fire Preparedness Planning templates and information to the most vulnerable home-based members of the community. This information reinforces the CFA messages of making a plan, preparing your home and leaving early if necessary. Otway Health and Community Services strongly encourages all residents to develop their own Bushfire Preparedness Plan and a commitment to leave early on days of high risk, just in case.



Judy Ryan's Feet Services.

Final dates for appointments to see Judy in 2011 are:
6th & 20th December
10.00am - 5.00pm

For bookings please call Otway Health on 5237 8500.

OTWAY HEALTH & COMMUNITY SERVICES ANNUAL BOARD VACANCIES

The Board of Otway Health & Community Services has five vacancies.

Applicants are being sought for positions on the Board of Governance. The terms will commence on 1 July 2012 for a period up to three years. The appointments are made by the Governor in Council following a recommendation by the Minister for Health. Two (2) current Board Member terms will expire on 30 June 2012.

Further details will be available in next week's News Sheet. The closing date for the applications will be 5pm on Friday 16 December 2011. If you are interested in being a Board Member, please call Executive Assistant, Kim Bazell on **(03) 5237 8500** or email to otwayhealth@swarh.vic.gov.au

CONCERNED ABOUT YOUR ALCOHOL AND/OR DRUG USE?

Otway Health & Community Services and Colac Area Health (CAH) are partnering to bring Drug and Alcohol Support services to Apollo Bay. Maude Berry and Jodie Roberts from CAH are qualified support workers who can work with both adults and teenagers. You might like to talk to them about how to **reduce the harms** from your drug and/or alcohol use, or how to **reduce or cease** using and/or drinking. Many people in Apollo Bay and the surrounding district use alcohol or drugs to help them cope with their daily lives. Sometimes this use can become a problem in itself, or sometimes people just want to move into a different phase of life with less reliance on drugs or alcohol. If this is you, or if you have any other support needs with regards to your drug and/or alcohol use, then please make an appointment to see Maude (for adults) or Jodie (for teenagers) by phoning **5237 8500**. They will be in Apollo Bay on **Friday 9th December** for their first appointments, returning regularly thereafter. Ongoing support is **FREE** and **CONFIDENTIAL**.

"Courage doesn't always roar. Sometimes courage is the quiet voice at the end of the day saying, "I will try again tomorrow." ~ M A Radmacher