



OTWAY HEALTH & COMMUNITY SERVICES

29/07/10

Serving our communities in Apollo Bay, Beech Forest,
Forrest, Glenaire, Hordern Vale, Kennett River, Lavers Hill,
Separation Creek, Skenes Creek and Wye River

McLachlan Street,
Apollo Bay 5237 8500
e:otwayhealth@swarh.vic.gov.au
www.otwayhealth.com.au

EMPLOYMENT @ OTWAY HEALTH

We are currently looking for an experienced Cook for minimum 6 shifts per fortnight (must be available some weekends). Excellent base pay, Salary packaging, penalty rates, & remote area housing financial benefits available.

Please call 52 378 500 for a position description, or download from www.otwayhealth.com.au.
Closing date is 13th August

ASSOCIATE NURSE UNIT MANAGER

*Full time/Part time role. Hours as rostered
Salary packaging and remote area housing financial
benefits available*

A position is currently available for a Registered Nurse Div 1 to work in our clinical division. For further information please contact Doris Hamilton on 52 378 500 or visit our website www.otwayhealth.com.au for a position description. **Closing date is 30th July**

AFTER HOURS CO ORDINATOR

*Otway Health in Apollo Bay is seeking a suitably
qualified & experienced Registered Nurse Grade 5 for
the position of After Hours Coordinator part time.*

Hours are negotiable. A position description can be obtained from by phoning (03) 5237 8500 or from our website www.otwayhealth.com.au.

Please direct your enquiries to Doris Hamilton,
Manager Clinical Care on (03) 5237 8500
Closing date is 20th August

HOW CAN WE IMPROVE APOLLO BAY FOR YOUTH

We want to hear your thoughts on how we can improve our community for young people living in & around Apollo Bay.

All welcome to come & contribute to a 'community conversation' at the Marrar Woom, on **Thurs August 5th at 5.30-6.30pm**. If you can't make it, but would still like to have your say, please call Kate Sculley on 5237 8500 or mail ksculley@swarh.vic.gov.au Light refreshments will be provided. Please RSVP for catering purposes.

IS YOUR HOME A DANGER ZONE?

*You can make yourself safer from
injury at home.*

The new Seniors Independent Living Course (SILCs) will give you the skills information and strength to keep you living the life that you choose.

**A new course is starting Tuesday
31st August for
15 wks 10am to 11.30 am at the Senior Citizens.
For information call Otway Health on 5237 8500**



BUSHWALKING—MON 16TH AUGUST

Gellibrand – Beech Forest 17-18 km E-M This walk follows the rail trail across paddocks & ferny gullies. Although uphill all the way, the gradient's so gentle & evenness underfoot allows for striding out. Finish with refreshments on The Ridge Café's panoramic terrace. Leader: Llewellyn Johns ph 5237-1001 for more info.
\$8 Book Otway Health 5237-8500 Bus departs 9am.

CALLING ALL YOUNG PEOPLE AGED 12-25YRS

Please come & share your thoughts & ideas about what you want to see in Apollo Bay for young people.

I want to hear from **you** about ways we can improve **your** community to work better for **you!**

Please come & share your views about what's going on & what you'd like to see changed or improved!

*Please drop in anytime to Marrar Woom 3.30-5.00pm
on Monday 2nd August. Pizza and snacks provided.*

CHEAP RENTAL AVAILABLE

Are you over 65 and eligible for Public Housing?

A Unit at Sea Mist Villas in Murray Sq, Murray St is vacant. The 1BR Units are easily accessible, set in a warm & welcoming environment & surrounded by pretty gardens. Asset criteria apply - applicants must be 65+, in receipt of Centrelink Age or Disability Support, or a DVA Pension.
For more info & an application form, call 5237 8500

WHAT'S ON AT MARRAR WOORN! *Check out full details on events page at www.otwayhealth.com.au*

First Aid Level 2

This is an accredited course where you will receive training in CPR, and First Aid Level 1 & 2. Upon successful completion of this course a certificate will be issued.

When: Sat 7 August 9 - 5 at Marrar Woom **Cost :** \$120

Paddock to Plate - Lunch at Aire Valley Restaurant

When: Monday 2 Aug bus leaves Marrar Woom at 11am
Cost: \$20pp

Draught Busting Workshop

When: Tuesday 10 August 2 - 3pm **Cost:** \$5
Where: Marrar Woom

Moving Monkeys Play Gym

For children Aged 2½ - 4, uses fun activities that help your child to move and be active. 6 week program

Commencing: Tuesday 3rd August
Every Tuesday for 6 weeks. **Time:** 9.05 am **Cost:** \$30
Venue: Apollo Bay Leisure Centre. Enrol at OHCS.

How to Use a Chainsaw

This 2 day course with Certificate of Attainment
When: Thurs/Fri 12&13 August **Where:** Marrar Woom
Cost: \$180

Safe Working in a Confined Space

Nationally recognised Statement of Attainment

When: Sat/Sun 7&8 August **Where:** Marrar Woom
Cost: \$60 (incl \$5 for materials)

Tai Chi for Back Pain (instructional video) 3 weeks

When: from Thurs 29 July **Where:** Forrest Hall
Cost: \$2

Yoga with Teresa

When: Thursdays from 6.30pm **Where:** Forrest Hall
Cost: \$8 conc/\$10

Visiting the Past - The Legend of King Arthur

A guided search through history to find the truth. Cliff Barley was educated at Worcester and Oxford and has taught history and literature for past 62 years

When: Tuesdays from 10 August 1.30 - 3pm
Where: Forrest Hall **Cost:** \$2 per session

Barista and Food Handling

Learn how to make wonderful coffee and the safe way of handling and serving food.

When: Sat/Sun 7&8 August **Where:** Forrest Hall Kitchen
Cost: \$60 (incl \$5 for materials)